

2022-2023

Mac and Cheese Chicken Nuggets Bread with butter Chocolate Milk White/Chocolate Milk White/Ch	Week # 1	Monday	Tuesday	Wednesday	<u>Thursday</u>	<u>Friday</u>	Friday / Daycare
Chicken Nuggets Bread with butter Chocolate pudding White/Chocolate Milk Week # 2 Monday Carear with butter Chocolate pudding White/Chocolate Milk Week # 3 Monday Monday Monday Monday Tuesday White/Chocolate Milk Whit	Breakfast 7:30-8:00 a.m.	Cereal with milk	Cracker with butter & milk	Cereal with milk	Cracker with butter & milk	Cereal with milk	Cereal with milk
Bread with butter Chocolate pudding White/Chocolate Milk Veek # 2 Monday Tuesday Wednesday More Arrange of the properties of the propert	Lunch	Mac and Cheese	Pork in sauce with	Ground meat with	Chicken in sauce	cheeseburger	
Chocolate pudding White/Chocolate Milk Caracker with butter & milk Caracker with white		Chicken Nuggets	white rice& baked plantain	white rice black beans	and black rice (Congri)	Potato Chips	Chicken in sauce
Week # 2 Monday Tuesday unch Spaghetti with cheese and ground turkey Bread with butter Baked Plantains Cookles White/Chocolate Milk Cereal with milk Cereal		Bread with butter	Fruit Cocktail	Cookies	Baked Plantains	Tangerine in Syrup	and black rice (Congri)
Monday Tuesday Mednesday Thursday Friday Friday Great with milk Cracker with butter & milk Creat with milk Creat with milk Cracker with butter & Baked Rigatoni w/cheese And ground turkey Corn White rice red beans Cookies Dinner rolls Tangerine in Syrup Tangerine in Syrup White/Chocolate Milk Creat with milk Cracker with butter & Milk Creat with milk Cracker		Chocolate pudding	White/Chocolate Milk	White/Chocolate Milk	Vanilla Pudding	White/Chocolate Milk	Tangerine in Syrup
reakfast 7:30-8:00 a.m. Cereal with milk Cracker with butter & milk Spaghetti with cheese and ground turkey Bread with butter Chocolate pudding White/Chocolate Milk White/Choco		White/Chocolate Milk			White/Chocolate Milk		White/Chocolate Milk
reakfast 7:30-8:00 a.m. Cereal with milk Cracker with butter & milk Spaghetti with cheese and ground turkey Bread with butter Chocolate pudding White/Chocolate Milk White/Choco							
Spaghetti with cheese and ground turkey Bread with butter Chocolate pudding White/Chocolate Milk Careal with m	Week # 2	<u>Monday</u>	<u>Tuesday</u>	<u>Wednesday</u>	<u>Thursday</u>	<u>Friday</u>	<u>Friday</u>
and ground turkey Bread with butter Chocolate pudding White/Chocolate Milk White/Chocolate Mi	Breakfast 7:30-8:00 a.m.	Cereal with milk	Cracker with butter & milk	Cereal with milk	Cracker with butter & milk	Cereal with milk	Cereal with milk
Bread with butter Chocolate pudding White/Chocolate Milk Cereal with cheese Chicken Nuggets White/Chocolate Milk Cereal with milk Cracker with butter & milk Cereal with milk Cracker wi	Lunch	Spaghetti with cheese	Yellow rice w/ hot dog	Ground turkey with	Baked Rigatoni w/cheese	Hot Dog	White rice
Chocolate pudding White/Chocolate Milk Cereal with milk Chicken Patty Spaghetti with cheese Chicken Nuggets Veggie chips White rice and White rice and Sprup Chocolate Pudding White/Chocolate Milk Cereal with milk		and ground turkey	Corn	white rice red beans	& ground turkey	Potato Chips	Pork in sauce
Week # 3		Bread with butter	Baked Plantains	Cookies	Dinner rolls	Tangerine in Syrup	Tangerine in Syrup
Meek # 3		Chocolate pudding	Fruit Cocktail	White/Chocolate Milk	Vanilla Pudding	White/Chocolate Milk	White/Chocolate Milk
reakfast 7:30-8:00 a.m Cereal with milk Cracker with butter & milk Cracker with butter & milk Cereal with milk Cookies White/Chocolate Milk White/Chocolate Milk White/Chocolate Milk White/Chocolate Milk White/Chocolate Milk White/Chocolate Milk Cereal with milk White/Chocolate Milk White/Chocolate Milk		White/Chocolate Milk	White/Chocolate Milk		White/Chocolate Milk		
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unch Mac and Cheese Chicken Nuggets Bread with butter Chocolate Pudding White/Chocolate Milk Neek # 4 Irreakfast 7:30-8:00 a.m. Cereal with milk Cracker with butter & milk Chicken Nuggets Spaghetti with cheese White rice and Spaghetti with cheese And ground turkey White/Chocolate Milk White/Chocolate Milk Wednesday Tuesday Wednesday Tereakfast 7:30-8:00 a.m. Spaghetti with cheese Chicken Nuggets Spaghetti with cheese White/Chocolate Milk Cracker with butter & milk Cereal with milk Cracker with butter & milk Cereal with milk Coreal with	<u>Week # 3</u>	<u>Monday</u>	<u>Tuesday</u>	<u>Wednesday</u>	<u>Thursday</u>	<u>Friday</u>	<u>Friday</u>
Chicken Nuggets Bread with butter Chocolate Pudding White/Chocolate Milk White/Chocolate Milk White/Chocolate Milk White/Chocolate Milk White/Chocolate Milk White/Chocolate Milk White/Chocolate Milk White/Chocolate Milk White/Chocolate Milk White/Chocolate Milk White/Chocolate Milk White/Chocolate Milk Cracker with butter & milk Cereal with milk Cer	Breakfast 7:30-8:00 a.m	Cereal with milk	Cracker with butter & milk	Cereal with milk	Cracker with butter & milk	Cereal with milk	Cereal with milk
Bread with butter Chocolate Pudding White/Chocolate Milk White/Chocolate Milk White/Chocolate Milk White/Chocolate Milk White/Chocolate Milk White/Chocolate Milk White/Chocolate Milk White/Chocolate Milk White/Chocolate Milk Cereal with milk Cereal	Lunch	Mac and Cheese	Taco	Ground Turkey	Pork in sauce with	Chicken Patty	Spaghetti with cheese
Chocolate Pudding White/Chocolate Milk		Chicken Nuggets	Veggie chips	white rice and	white rice and	Potato Chips	and ground turkey
White/Chocolate Milk		Bread with butter	Fruit Cocktail	split peas (chicharos)	Baked plantain	Tangerine in Syrup	Tangerine in Syrup
Meek # 4 Monday Tuesday Wednesday Thursday Friday Friday reakfast 7:30-8:00 a.m. Cereal with milk Cracker with butter & milk Cereal with milk Cracker with butter & milk Cereal with milk Tangerine in Syrup White rice and White rice and Baked Plantains Tangerine in Syrup White/Chocolate Milk White/Chocolate Milk White/Chocolate Milk		Chocolate Pudding	White/Chocolate Milk	Cookies	Vanilla Pudding	White/Chocolate Milk	White/Chocolate Milk
reakfast 7:30-8:00 a.m. Cereal with milk Cracker with butter & milk Cereal with milk white milk milk milk milk milk milk milk milk		White/Chocolate Milk		White/Chocolate Milk	White/Chocolate Milk		
reakfast 7:30-8:00 a.m. Cereal with milk Cracker with butter & milk Cereal with milk white milk milk milk milk milk milk milk milk							
Spaghetti with cheese Chicken Nuggets Corn White rice and White rice and Bread with Butter Baked Plantains Chocolate Pudding Fruit Cocktail Ground Turkey Shredded Beef Hot Dog Ground Beef White rice and White rice and Baked Plantains Tangerine in Syrup White/Chocolate Milk	<u>Week # 4</u>	<u>Monday</u>	<u>Tuesday</u>	<u>Wednesday</u>	<u>Thursday</u>	<u>Friday</u>	<u>Friday</u>
Chicken Nuggets Corn White rice and White rice and Bread with Butter Chocolate Pudding Chocolate Pudding Cookies White rice and White rice and Baked Plantains White beans Cookies White rice and Baked Plantains Tangerine in Syrup White/Chocolate Milk White/Chocolate Milk	Breakfast 7:30-8:00 a.m.	Cereal with milk	Cracker with butter & milk	Cereal with milk	Cracker with butter & milk	Cereal with milk	Cereal with milk
Bread with Butter Chocolate Pudding Baked Plantains White beans Baked Plantains Tangerine in Syrup White/Chocolate Milk White/Chocolate Milk	Lunch	Spaghetti with cheese	Yellow rice w/ Pork	Ground Turkey	Shredded Beef	Hot Dog	Ground Beef
Chocolate Pudding Fruit Cocktail Cookies Vanilla Pudding White/Chocolate Milk White/Chocolate Milk		Chicken Nuggets	Corn	white rice and	white rice and	Potato Chips	white rice and
		Bread with Butter	Baked Plantains	White beans	Baked Plantains	Tangerine in Syrup	Tangerine in Syrup
White/Chocolate Milk White/Chocolate Milk White/Chocolate Milk White/Chocolate Milk		Chocolate Pudding	Fruit Cocktail	Cookies	Vanilla Pudding	White/Chocolate Milk	White/Chocolate Milk
		White/Chocolate Milk	White/Chocolate Milk	White/Chocolate Milk	White/Chocolate Milk		